

A Tool to Evaluate Your Facility's Policy and Practice on Feeding on Cue

Evaluation Criteria	Yes	No	Suggestions for Improvement
Are all mothers, regardless of feeding choice, taught how to recognize the cues that indicate when their babies are hungry and when they are doing eating? Are mothers able to recite back at least two of these feeding cues?			
Are breastfeeding mothers encouraged to feed their babies as often and for as long as they want, regardless of feeding choice?			
Do mothers receive specific instruction regarding the importance of not placing restrictions on the frequency or length of their infants' feeding?			
Are mothers instructed that newborns will usually feed a minimum of 8 times in 24 hours?			
Are all mothers educated that both physical contact and nourishment are important for their infant's health?			
Are mothers who elect to feed their babies formula, or breastmilk by bottle, provided instruction regarding appropriate bottle feeding techniques including the following? <ul style="list-style-type: none"> - feeding on cue - maintaining eye-to-eye contact - holding the baby closely 			
Do staff providers place restrictions on the frequency or length of infant feedings?			

NH's Ten Steps to Successful Breastfeeding: Step by (baby) Step



*Adapted from materials developed by the Baby-Friendly USA with their permission.
Materials may be modified with special notation given to parties listed.*