

*A Tool to Evaluate Your Facility's Policy & Practice on
Exclusive Breastmilk Feeding (unless medically indicated)*

| Evaluation Criteria | Yes | No | Suggestions for Improvement |
|--|------------|-----------|------------------------------------|
| Do breastfeeding babies receive no food or drink (other than breastmilk) unless medically indicated? | | | |
| Do staff have a clear understanding of what the few acceptable reasons are for prescribing food or drink other than breastmilk for breastfeeding babies? | | | |
| Do staff providers explore reasons with mothers who have decided not to breastfeed, discuss risks of not breastfeeding, various feeding options and help them decide what is suitable in their situation? | | | |
| Does staff explore reasons and provide education to breastfeeding mothers who request formula supplementation on the risks of such supplementation and help them decide what is suitable in their situation? | | | |
| Is the education and informed consent for formula supplementation documented in the patient record? | | | |
| Are written orders for evidence-based medical indications for breastmilk substitute supplementation required by medical providers? | | | |
| Does the facility have adequate space away from breastfeeding mothers, and the necessary equipment and supplies for teaching mothers who are formula feeding their babies in how to properly prepare the formula? | | | |
| Are all clinical protocols related to infant feeding current and evidence-based? | | | |

NH's Ten Steps to Successful Breastfeeding: Step by (baby) Step



Adapted from materials developed by DHMC-Lebanon and Baby-Friendly USA with their permission