

A Tool to Evaluate Your Facility's Policy & Practice on Early Skin-to-Skin and First Breastfeeding

Evaluation Criteria	Yes	No	Suggestions for Improvement
Are mothers who have had normal, vaginal deliveries given their babies to hold skin-to-skin within 5 minutes of delivery and allowed to remain together in uninterrupted contact until completion of the first feeding (regardless of feeding method)?			
Are mothers who have had cesarean deliveries given their babies to hold, with skin-to-skin contact, within 5 minutes after they are able to respond to their babies?			
Are healthy babies born by cesarean section allowed to stay with their mothers, with uninterrupted skin-to-skin contact, until completion of the first feeding (regardless of feeding method)?			
Are mothers offered help by a staff member to recognize signs that their baby is ready to feed?			
Are mothers provided assistance with initiating breastfeeding during the first hour after delivery?			

