

A Tool to Evaluate Your Facility's Postnatal Support

| Evaluation Criteria | Yes | No | Suggestions for Improvement |
|--|------------|-----------|------------------------------------|
| Do staff members discuss plans with mothers who are close to discharge regarding how they will feed their babies once they return home? | | | |
| Does the facility have a system of follow-up support for mothers after they are discharged, such as early postnatal or lactation clinic check-ups, telephone calls, home visits, etc.? | | | |
| Does the facility foster the establishment of and/or coordinate with mother support groups and other such community services to provide support and resources to mothers on feeding their babies? | | | |
| Are mothers referred for help with feeding to the facility's system of follow-up support and to mother support groups, WIC, peer counselors and other community health services, if these are available? | | | |
| Is printed material made available to mothers before discharge on where to get follow up support? | | | |
| Are mothers encouraged to see a health care worker or skilled breastfeeding support person in the community soon after discharge (preferably 3-5 days after birth) who can assess how they are doing with breastfeeding and provide any needed support? | | | |
| Does the facility coordinate activities with the WIC program or community services that offer peer support and/or counselors? | | | |

